

Year R Schemes of Work PSED

In the Reception Unit PSED is taught as an integral part of all the work covered during the year. As we cover the Foundation Stage of the National Curriculum, we relate the PSED and Citizenship aspects of the children's work to the objectives as set out in the Early Learning Goals.

Relationships

We encourage the children to form warm, caring relationships with other children and adults alike. This is achieved through activities such as:

- getting changed into coats or P.E. Kit, knowing when to ask for help and helping one another with buttons etc

- circle time, where they learn to respect one another and listen to each other.

- register, where they take turns to call the register and see who is present, and worry when someone is away.

- nursery rhymes and songs, joining in with one another, sharing experiences and enjoyment.

- play, learning to play together, to share, finding common interests and forming friendships.

- working individually or in small or large groups, listening to one another and taking notice of what is said.

- work, where we try hard, help each other and express praise for our efforts.

- visitors who come to talk to us about their work such as dentist or policeman.

- visits to farms or theatres where we have to adhere to other peoples rules and regulations.

- performing in plays and assemblies, where we have to rely on other people to perform their part.

Health

We recognise the importance of keeping healthy, and the things which contribute to this by:

- P.E lessons using large and small apparatus and moving their bodies in a controlled manner.

- Swimming lessons

- Finding out how their bodies change following exercise.

- Having water freely available and ensuring children know to have a drink

after exercising.

How to manage colds, coughs and other illnesses.

Encouraging healthy eating with fruit/veg at snack time and discussing food at lunch time.

Cooking our own food from cakes and biscuits .to soups

Growing food in school garden to encourage healthy eating.

Encouraging outdoor play in sand pit, digging in garden, riding bikes, playing with balls and other equipment.

Enjoying the outside environment,observing the seasons and different weather conditions.

Measuring how we grow throughout the year.

Visits from people who help us such as doctors and dentists.

Personal

We recognise that children need to be able to show a range of feelings when appropriate, have a developing awareness of the needs, feelings and views of others and themselves by:

Circle time, where children can express their feelings and listen to others with compassion.

Dressing up and using masks such as fish masks and St George masks.

Stories and rhymes with a moral for example Cinderella,who, despite all she went through, invited her sisters to her wedding.

Lets Move and Wiggle Waggle tapes where children can express their feelings through moving to music.

Thinking about pets we have or would like to have and how we need to look after them.

Role play area as a vets, and other situations.

Time to talk about home and family.

Being able to dress ourself

Managing our own personal care

Citizenship

We need to understand that people have different needs, views, beliefs and cultures that need to be treated with respect, and to have their own beliefs treated likewise, and have a developing respect for their own cultures and beliefs and those of others by:

Having opportunities to talk about own family life and write and draw about it in news book.

Creating a Learning Story booklet for each child.
Learning traditional songs and rhymes such as ring a ring a roses.
Listen to traditional stories such as Guy Fawkes, St George,
Christmas, Lent and Easter stories and traditions.
Find out about people who help us in the community such as fireman,
lollipop lady
Find out about other cultures through topics such as the Chinese New
Year and Russian Christmas traditions.
Participate in school events such as harvest festival, poetry day,
Christmas concert, and sports day.
Find out about Christian religion through Bible stories, attending school
assemblies and Mass
To feel part of the school community at playtime when they have the
opportunity to mix with pupils from other classes.
Walk around local town of Swaffham and visit places of interest such as
churches, cafes and shops.